

Registration for Lit From within : A Day Retreat with Carly Forest.
Saturday November 2nd. 10:00am - 5:00pm

Date_____

Name_____

Address_____

email_____

Telephone_____

Payments may be made with cash or cheque.

Please mail to:

Nanaimo Yoga Weyr

1990 Frey Road.

Nanaimo B.C.

V9X 1T3

Cost of Retreat, which includes lunch is \$125.00